Lonely No More!

OUR SERVICES

We offer community-focused programmes to reduce loneliness, ease hardship, support people affected by hoarding and create meaningful connections. Learn more about what we do inside.



About us

Reaching is a community interest company working across North Staffordshire and East Cheshire. We offer welcoming programmes that help people build confidence, connect with others and find local support. Whether you're feeling lonely, finding money tight or need specialist help at home, our services are rooted in kindness, patience and inclusion.



Contact Us

Website
www.reaching.org.uk

Email
Help@reaching.org.uk

Contact
0330 016 9016



Reaching

A GUIDE TO OUR COMMUNITY, HELPING INDIVIDUALS GROW, CONNECT, AND THRIVE.

www.reaching.org.uk



TELEPHONE SUPPORT

KindLine (Coaching to Connections)
A 12-week telephone coaching programme for anyone feeling lonely or cut off. Each week you'll have a friendly call with the same coach, set small goals together and gently rebuild the confidence to get out and reconnect with your community - all at your own pace.

KindLine Advice & Hardship Support
Help when money is tight. Thanks to funding from Stoke-on-Trent City Council and Staffordshire County Council, we can offer food vouchers, benefit checks and practical advice to help you through a difficult time. We'll also connect you with the right local help using Orange Pages, our person-powered directory.

UPSKILLING

Volunteer with Us

Our volunteers are at the heart of everything we do - from hosting a Brew Club table to making friendly calls on KindLine. No experience needed, just kindness and a willingness to listen. We'll give you training and support, and you'll meet great people along the way. Get in touch to find out more.

COMMUNITY SUPPORT

The Brew Club

Friendly weekly meet-ups in local cafés across the area, with a host to greet you and a table saved just for us. There's no pressure to talk or join in straight away - just come along, and settle in at your own pace.
With around ten Brew Clubs running each week, there's likely to be one near you. It's an easy, relaxed way to build confidence in social settings, especially if you've been feeling lonely or find it hard to get out. Many of our members have been coming for years, and they tell us the friendships they've made mean the world to them.





RECOVERING HOMES

Specialist hoarding support for adults, families and professionals. Whatever stage you're at, there's a way in - drop-in clinics, a friendly peer support group, practical support in your own home, counselling and KindLine to Recovery telephone support. We also offer training for professionals. Everything we do is built on patience, understanding and no judgement.